

FAITH & FOOD 2010

Working Together to Address Hunger

What: The Faith and Food Program helps congregations grow food for donation. Faith and Food was created in 2009 through a collaborative effort among Food Gatherers, ICPJ, and Growing Hope. These three organizations will collaborate again in 2010 to support congregations growing food for the hungry.

It's simple: Have a garden and grow any produce you would like (although Food Gatherers will offer suggestions). Donate at least 50% of your garden to Food Gatherers. You can eat, donate, or sell the rest. Deliver your donations to Food Gatherers and they will distribute it to local food pantries and meal programs.

Why: It works! Through Faith & Food, families and individuals who can't otherwise obtain fresh produce are able to eat more healthy foods. Local produce is good for the environment, too. We can make a difference in our neighborhoods and for our neighbors through Faith & Food.

Who: All are welcome to donate produce to Food Gatherers! A small group of volunteers in any congregation can really make a difference. We'll help you get started by providing resources, information and ideas (see below).

Where: Gardens can be grown on your congregation's property, at the home of a congregant, or in raised beds pretty much anywhere the sun shines. You may consider sharing responsibility for a garden plot with a neighboring congregation or organization.

When: Now! You can start recruiting volunteers and planning a garden today. Learn more at www.foodgatherers.org and click on "Get Growin' for Food Gatherers!".

How: Visit www.foodgatherers.org and click on "Get Growin' for Food Gatherers!" for information and resources to get your Faith & Food garden going. On this website, you'll find:

- Basic program guidelines
- Information about in-kind resources available to congregations
- Helpful hints on starting or continuing a garden
- Suggested items for growing
- Educational opportunities/calendar
- Delivery and distribution information
- Contact information for technical questions and program coordinator

Thank you for your interest!

Questions? Please email getgrowing@foodgatherers.org or call 734-761-2796.



*Interfaith Council
for Peace & Justice*

